



Let's Talk About It: The Teen's Guide to Sex, Relationships, and Being a Human by Erika Moen, Matthew Nolan

Random House Graphic, Penguin Random House, Publication Year

ISBN: 9780593125311 (graphic novel)

*Age Range: 14 and up (Suggested by Publisher)

Grade Range: 9+ (Recommended by *School Library Journal*)

BOOK SYNOPSIS

Is what I'm feeling normal? Is what my body is doing normal? Am I normal? How do I know what are the right choices to make? How do I know how to behave? How do I fix it when I make a mistake?

Let's talk about it.

Growing up is complicated.

How do you find the answers to all the questions you have about yourself, about your identity, and about your body? Let's Talk About It provides a comprehensive, thoughtful, well-researched graphic novel guide to everything you need to know.

Covering relationships, friendships, gender, sexuality, anatomy, body image, safe sex, sexting, jealousy, rejection, sex education, and more, Let's Talk About It is the go-to handbook for every teen, and the first in graphic novel form.

REVIEWS AND PRAISE

★ “An illustrated sexuality and relationship education resource for teens. A multiethnic set of realistic teen cartoon characters representing a wide diversity of body types (sizes, abilities, genders) have illuminating and honest conversations in this informative guide [...] Honest, normalizing, and sex positive.” – *Kirkus Reviews*, **starred review**

★ “Responsibly representing a wide array of anatomically diverse “generally estrogen-rich” and “generally testosterone-rich” bodies, this guide’s pale-hued art also showcases variations in ability, body shape, ethnicity, gender identity and expression, and pairings, creating a refreshingly inclusive read that takes individual desires and needs into account. Though some text-packed pages can be difficult to digest, they nevertheless provide vital information, embracing the complexity of relationships (“We’re all constantly learning and growing”) and offering comprehensive, no-nonsense information on sex and sexuality.” – *Publishers Weekly*, **starred review**

“Every panel of this book [...] is loaded with crucial information about consent, respect, consideration, and boundaries. [...] Real talk about relationships and sex.” – *School Library Journal*

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Penguin Random House

UniteAgainstBookBans@ala.org

“A frank and open minded look at sex, relationships, and self-understanding.” – *Booklist*

“An open and honest graphic novel guide to sex, consent, relationships, and everything in between and provides teens—or anyone who hasn’t had the chance to examine themselves or their relationships with others fully—an intelligent and easy-to-understand jumping off point to explore. The bright and colorful illustrations show a diverse group of characters representing various body types, genders, and abilities, covering topics which include not just consent, sex, and gender, but also consideration, boundaries, communication, and friendship—things that are needed in order to build positive and lasting relationships, romantic or otherwise.” – *The Hub*

AWARDS AND ACCOLADES

- Publisher’s Weekly Best Books of 2021, selection
- New York Public Library Best Books of 2021, selection
- Chicago Public Library Best Teen Nonfiction 2021, selection

MEDIA AND RESOURCES

- [“Four Questions for Erika Moen and Matthew Nolan,”](#) *Publishers Weekly*, April 27, 2021

*A NOTE ON AGE RANGES

A publisher-suggested age range covers the gamut of readers that publishers envision using the book, whether for independent reading, family sharing, group study, or in other ways. Educators have the best sense of the appropriate age range for the diverse learners they work with and understand these ranges vary depending on a book’s intended use.