



***IT FEELS GOOD TO BE YOURSELF: A STORY ABOUT GENDER IDENTITY*** by

**Theresa Thorn; illustrations by Noah Grigni**

Henry Holt and Co. (BYR), an imprint of Macmillan Children's Publishing Group, 2019

ISBN: 9781250302953 (Hardcover)

\*Age Range: 4-8

Grade Range: K-2 (Recommended by *School Library Journal*)

## BOOK SYNOPSIS

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**A picture book that introduces the concept of gender identity to the youngest reader from writer Theresa Thorn and illustrator Noah Grigni.**

Some people are boys. Some people are girls. Some people are both, neither, or somewhere in between.

This sweet, straightforward exploration of gender identity will give children a fuller understanding of themselves and others. With child-friendly language and vibrant art, *It Feels Good to Be Yourself* provides young readers and parents alike with the vocabulary to discuss this important topic with sensitivity.

## REVIEWS AND PRAISE

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★ "This expansive, straightforward framing of gender emphasizes curiosity, joy, and positive self-expression... Exceptional." — [Kirkus Reviews](#), **starred review**

★ "The spirit of free expression and creativity infuses every spread of this inclusive exploration." — [Publishers Weekly](#), **starred review**

★ "As the song has it, we're living in a big, wide, wonderful world. And this book is a welcome addition to it." — [Booklist](#), **starred review**

"*It Feels Good to Be Yourself* tackles gender identity in the simplest yet sweetest way, providing a jumping-off point into a topic many caregivers find daunting....[this] is a much-needed, refreshing addition to library shelves. Highly recommended." — [ALA Rainbow Round Table Book Review](#)

## MEDIA AND RESOURCES

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- [Watch a story time](#)
- [Share these discussion questions from The Tiny Activist](#)
- [The Pride interview with Theresa Thorn](#)

**Updated 1.24.2024**

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## **\*A NOTE ON AGE RANGES**

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A publisher-suggested age range covers the gamut of readers that publishers envision using the book, whether for independent reading, family sharing, group study, or in other ways. Educators have the best sense of the appropriate age range for the diverse learners they work with and understand these ranges vary depending on a book's intended use.

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