



Title: Lunch from Home
Author: Joshua David Stein
Illustrator: Jing Li
Imprint: Rise x Penguin Workshop
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ISBN: 9780593384459
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Age Range*: 3-6
Grade Range: PreS-K
(Recommended by *School Library Journal*)

BOOK RESUME: LUNCH FROM HOME

BOOK SYNOPSIS

What happens when a child's favorite packed lunch is met with disparaging comments at the school lunch table?

In a classroom of sandwiches, four students stand out with their homemade, culturally-specific lunches. But before they can dig in and enjoy their favorite foods, their lunches are spoiled by scrunched noses and disgusted reactions from their sandwich-eating classmates.

Follow each of the four students as they learn to cope with their first "lunch box moments" in this picture book that encourages empathy and inspires all readers to stand up for their food! Inspired by the "lunch box moments" of four acclaimed chefs, Ray Garcia, Preeti Mistry, Mina Park, and Niki Russ Federman, this heartwarming story reminds us all that one's food is a reflection of self and an authentic celebration of culture.

REVIEWS AND PRAISE

"[*Lunch From Home*] touches on positive portrayals of diversity and inclusiveness and appreciating the connections between food, culture, and family traditions; the four kids in this story are based on real people, each of whom is a professional chef, which adds meaningful weight to their experiences. Bright, naturalistic art vibrantly depicts the kids in the classroom and, of course, their delicious-looking lunches." —*Booklist*

"[The] meals are lovingly described by Stein and depicted in vibrant color by Li in this epicurean picture book." —*Publishers Weekly*

"[A] layered tale about peer pressure and cultural pride around the lunch table." —*San Francisco Chronicle*

"The concise narration reveals that the children all eventually tire of their daily sandwiches and decide to reclaim their favorite foods with pride. An afterword reveals that the four students are based on the childhood experiences of professional chefs. (This book was reviewed digitally.) Bold colors and flavors serve as a reminder to embrace your heritage and all its culinary glory." —*Kirkus Reviews*

AWARDS AND ACCOLADES

- An NCSS Notable Social Studies Trade Book selection
- A Skipping Stones Honor Award - Multicultural & International
- A Maryland Black Eyed Susan Book Award selection

MEDIA AND RESOURCES

- [TeachingBooks.net resources](#)

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*Publisher suggested age range covers the wide range of readers publishers envision using the book, whether for independent reading, family sharing, group study, or in other ways. Educators have the best sense of the appropriate range for their diverse learners they work with and understand these ranges vary depending on a book's intended use.