



***The Little Black Book for Girlz: A Book on Healthy Sexuality* by St. Stephen's Community House**

Annick Press, 2006

ISBN: 9781550379549 (Paperback)

\*Age Range: (15 - 18)

Grade Range: n/a; not yet reviewed by *School Library Journal*

## BOOK SYNOPSIS

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Not just a book about sex, but a look at girl culture by youth themselves.

No stuffy school textbook. No nosey adults. Just a diverse group of teen girls from a community youth project who had questions about sexuality. To find answers, they collected stories, poetry, and artwork from other youth. They also interviewed frontline health experts to get solid facts about the stuff young women have to deal with.

It's a great mix of real-life examples and life-saving info. Topics include: • Relationships • Periods • Sex • Birth control • Pregnancy • Sexually Transmitted Infections / AIDS • Sexual assault.

Everything has been vetted by doctors, and the book is endorsed by health professionals, so you know you're getting good info. It's all stuff that youth need to know, and it's all decked out in a compact, easy-to-browse 'zine style. *The Little Black Book for Girlz* is a super-important, take-anywhere empowerment guide for girls.

## REVIEWS AND PRAISE

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"[An] excellent book . . . sex-ed material that [is] equally positive and empowering . . . frank, girl-friendly but never cloying tone." —*The Globe and Mail*

"Passionate, open, and honest . . . This book will undoubtedly have more teen appeal than a book on the same subject written by adults . . . Highly recommended for public library teen spaces and progressive high schools." —VOYA

"Solid info with a saucy attitude struts through the pages of two fantastic books about human sexuality for teens." —Canadian Children's Book News

## AWARDS AND ACCOLADES

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- New York Public Library's Books for the Teen Age, 2007

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Zainub Syeda, [zainubs@annickpress.com](mailto:zainubs@annickpress.com)

- Our Choice List, Canadian Children's Book Centre Canada Joint winner, 2007
- ALA Popular Paperbacks for Young Adults, 2007

### **\*A NOTE ON AGE RANGES**

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A publisher-suggested age range covers the gamut of readers that publishers envision using the book, whether for independent reading, family sharing, group study, or in other ways. Educators have the best sense of the appropriate age range for the diverse learners they work with and understand these ranges vary depending on a book's intended use.