



**[GO WITH THE FLOW](#)** by Lily Williams and Karen Schneemann; illustrated by Lily Williams

First Second, an imprint of Macmillan Children's Publishing Group, 2020

ISBN: 9781250143174 (Trade Paperback)

\*Age Range: 10-14

Grade Range: 4-8 (Recommended by *School Library Journal*)

## BOOK SYNOPSIS

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High school students embark on a crash course of friendship, female empowerment, and women's health issues in Lily Williams and Karen Schneemann's graphic novel *Go With the Flow*.

**Good friends help you go with the flow.**

**Best friends help you start a revolution.**

Sophomores Abby, Brit, Christine, and Sasha are fed up. Hazelton High never has enough tampons. Or pads. Or adults who will listen.

Sick of an administration that puts football before female health, the girls confront a world that shrugs—or worse, squirms—at the thought of a menstruation revolution. They band together to make a change. It's no easy task, especially while grappling with everything from crushes to trig to JV track but they have each other's backs. That is, until one of the girls goes rogue, testing the limits of their friendship and pushing the friends to question the power of their own voices.

Now they must learn to work together to raise each other up. But how do you stand your ground while raising bloody hell?

## REVIEWS AND PRAISE

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★ "Just bloody perfect." —[Kirkus Reviews](#), **starred review**

"This warm, candid friendship story isn't shy about the message it's trying to send—that periods need not be a dirty secret." —[School Library Journal](#)

"...the story is firmly grounded in the realities faced by girls and women, and the timely messages of empowerment and political dialogue will resonate with socially minded youth." —[Booklist](#)

"Spot-on graphic novel about periods, activism, and friendship." —Common Sense Media

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Macmillan Children's Publishing Group

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"Shades of red aptly make up the book's palette, and the cartoony style and figures resemble the Lumberjanes comic books. Fans of that series will appreciate this mix of friendship, power, and activism." —*The Bulletin of the Center for Children's Books*

"*Go With The Flow* is an exceptional example of the genre, and its power is in its frank way of being relatable to a difficult subject. It speaks to the nature of gender dynamics and institutional misogyny in an approachable manner that will help teens discuss their period and their rights openly and honestly, and understand that they can demand better from those in authority." —[Romper.com](#)

"Kids often learn about periods in hushed tones, through metaphor and sanitized language. Because periods are talked around instead of about, it's easy for people to feel shame around their periods. Not only that, sometimes they don't even learn what they need to know at all - and that can be scary. *Go With the Flow* breaks this pattern. It's a frank friend who is ready to talk about the stuff no one else talks about, and there's nothing more powerful than that." —[Popverse.com](#)

"If *Are You There God? It's Me Margaret* had a 2020 granddaughter, this graphic novel would be it. It confronts issues of period shame and inequity with good humor." —[Today.com](#)

## AWARDS AND ACCOLADES

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- Michigan Reading Association Great Lakes Book Award, Winner, 2021
- Eisner Award, Best Publication for Kids, nominee, 2021
- Los Angeles Times Book Prize, finalist, 2020
- ALA Notable Book, 2020
- YALSA Great Graphic Novels, 2021
- Rise: A Feminist Book Project 2021 Booklist
- *Kirkus Reviews*, Best Book of 2020
- NPR Best Book of 2020
- New York Public Library's Top Ten Books of 2020
- Texas Library Association Maverick List, 2021
- Indie Next List, 2020

## MEDIA AND RESOURCES

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- [Post Lily Williams's Banned Book Week Message](#)
- [Share the book trailer](#)
- [Read our Author Spotlight](#)
- [Publishers Weekly Panelmania](#)

## AUTHOR STATEMENT

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"A banned book is a book not accessible in the hands and minds of those who need it, and that is a grave disservice to our world and an injustice to a growing mind." — Lily Williams

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## **\*A NOTE ON AGE RANGES**

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A publisher-suggested age range covers the gamut of readers that publishers envision using the book, whether for independent reading, family sharing, group study, or in other ways. Educators have the best sense of the appropriate age range for the diverse learners they work with and understand these ranges vary depending on a book's intended use.

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