



***Me and White Supremacy* by Layla F. Saad**

Sourcebooks, 2020

9781728209807: (Hardcover)

\*Age Range: Adult (Suggested by Publisher)

Grade Range: n/a (Recommended by *School Library Journal*)

## BOOK SYNOPSIS

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The *New York Times* and *USA Today* bestseller! This eye-opening book challenges you to do the essential work of unpacking your biases, and helps white people take action and dismantle the privilege within themselves so that you can stop (often unconsciously) inflicting damage on people of color, and in turn, help other white people do better, too.

When Layla Saad began an Instagram challenge called #meandwhitesupremacy, she never predicted it would become a cultural movement. She encouraged people to own up and share their racist behaviors, big and small. She was looking for truth, and she got it...

Thousands of people participated in the challenge, and over 95,000 people downloaded the supporting work *The Me and White Supremacy Workbook*.

Updated and expanded from the original edition, *Me and White Supremacy* teaches readers how to dismantle the privilege within themselves so that they can stop (often unconsciously) inflicting damage on people of color, and in turn, help other white people do better, too.

## REVIEWS AND PRAISE

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"A bracing, highly useful tool for any discussion of combating racism." —[Kirkus Reviews](#)

★ "An important book about taking ownership of racist behavior and making changes that are not easy, convenient, or comfortable...should be required reading for people ready to acknowledge their behaviors, whether intentional or not." —[Library Journal](#), STARRED review

★ "This small but intense book which provokes readers to take personal ownership of the effort to dismantle systemic racism...This book is not for the oppressed or the marginalized, but rather for those whose privilege, when left unchecked, has harmful consequences. Saad has created an insightful and necessary contribution to the work of combating racism and becoming good ancestors." —[Booklist](#), STARRED review

★ "*Me and White Supremacy* is an effective tool for individuals to start their journeys into the work of addressing larger systems of racism and oppression." —[Shelf Awareness](#), STARRED review

"Layla Saad's *Me and White Supremacy* is an indispensable resource for white people who want to challenge white supremacy but don't know where to begin. She moves her readers from their heads into their hearts, and

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ultimately, into their practice. We won't end white supremacy through an intellectual understanding alone; we must put that understanding into action." —Robin DiAngelo, author of *New York Times* bestseller *White Fragility*

"She is no-joke changing the world and, for what it's worth, the way I live my life." —Anne Hathaway

"Her work is personal, practical, reflective, applicable, difficult, effective, and imperative. For the millions of us beginning to know where to begin -- where to begin to counteract our ugly history, and where to stand during this historical moment of polarization and hate -- Layla answers: Begin with me. Begin with you." —Glennon Doyle, author of #1 *New York Times* bestseller *Love Warrior* and founder of Together Rising

"Allyship means taking action. How? Layla Saad's *Me and White Supremacy* teaches readers exactly how to get past the paralysis of white fragility so that they can build bridges, not walls. Read the book, look deep within yourself, sit with your discomfort, and then act. This is how we can truly say we are doing everything we can to combat white supremacy." —Sophia Bush, award-winning actress and activist

"America needed this book yesterday. In fact, America has always needed this book. Layla Saad is one of the most important and valuable teachers we have right now on the subject of white supremacy and racial injustice. With keen intelligence and tireless patience, she is working to remove our collective cultural blind spots and to help—at last—change minds and transform society. I have the deepest respect for her. Buy this book for yourself, your family, your students. Don't put it off and don't look away. It's time." —*New York Times* bestselling author Elizabeth Gilbert

## AWARDS AND ACCOLADES

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- Porchlight Business Book Awards, Nominee
- Nautilus Book Award, Gold Winner

## MEDIA AND RESOURCES

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- [NPR interview with Layla Saad](#)
- [TIME interview with Layla Saad](#)
- [New York Times interview with Layla Saad](#)
- [Forbes interview with Layla Saad](#)
- [Refinery29 Q&A with Layla Saad](#)
- [USA Today interview with Layla Saad](#)

## RESPONSE TO CHALLENGES

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## AUTHOR STATEMENT (OPTIONAL)

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## \*A NOTE ON AGE RANGES

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A publisher-suggested age range covers the gamut of readers that publishers envision using the book, whether for independent reading, family sharing, group study, or in other ways. Educators have the best sense of the

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appropriate age range for the diverse learners they work with and understand these ranges vary depending on a book's intended use.

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