



[What Makes Us Unique?](#) By Dr. Jillian Roberts

Orca Book Publishers, 2016

9781459828254: Paperback

*Age Range: 3-5 (Suggested by Publisher)

Grade Range: Preschool-Kindergarten (Recommended by *School Library Journal*)

BOOK SYNOPSIS

Our conversations with children about cultural, religious and physical differences are more important than ever, and they need to start at an early age. We know it can be difficult to know where to begin.

What Makes Us Unique? provides an accessible introduction to the concept of diversity, teaching children how to respect and celebrate people's differences and that, ultimately, we are all much more alike than we are different. Additional questions at the back of the book allow for further discussion.

Child psychologist Dr. Jillian Roberts designed the Just Enough series to empower parents/caregivers to start conversations with young ones about difficult or challenging subject matter. Other books in the series deal with birth, death, separation and divorce.

REVIEWS AND PRAISE

"A discussion on differences in physical appearance, personal preference, culture, and lifestyle. Illustrations, done in oil, are bright and playful and depict individuals who are diverse."—[School Library Journal](#)

"The value of diversity is woven through the child-like drawing and reinforces the topic of variety and uniqueness. The illustrations sparkle with colour and warmth...The underlying powerful message is one of respecting the variety in our world, and readers are left with the optimistic spin of celebrating differences. It is never too early to teach even the youngest that we are all different and special in our own way."—[CM Magazine](#)

"This is a good book as a one-on-one read aloud or with a small group of students. It would be a perfect 'just in time' book after a distressing event...or to help explain a negative current event in the news...This would be a valuable book in the home, classroom and school library."—[Resource Links](#)

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“Child-friendly art, appropriately reflecting the ‘rainbow’ of human differences, accompanies the purposeful, well-intentioned text.”—*Horn Book*

AWARDS AND ACCOLADES

CCBC Best Books for Kids & Teens | 2017 | Commended

BC Books for Schools | 2021 | Commended

MEDIA AND RESOURCES

[*Today's Parent: Fighting casual racism starts with our children by Dr. Jillian Roberts*](#)

*A NOTE ON AGE RANGES

A publisher-suggested age range covers the gamut of readers that publishers envision using the book, whether for independent reading, family sharing, group study, or in other ways. Educators have the best sense of the appropriate age range for the diverse learners they work with and understand these ranges vary depending on a book's intended use.

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