



***Girl* by Karen Rayne**

Magination Press, an imprint of the American Psychological Association, 2017

ISBN: 9781433823398 (Paperback)

\*Age Range: 15 – 18 (Suggested by Publisher)

Grade Range: Gr 9 up (Recommended by *School Library Journal*)

## BOOK SYNOPSIS

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*A guide for teen girls covering healthy sexuality, loving relationships, gender fluidity, sexually transmitted infections (STI), consent, sexual assault, and more.*

*Welcoming and inclusive of all self-identified girls, **GIRL: Love, Sex, Romance, and Being You** is an uncensored, unbiased, and fantastically relevant guide, jam-packed with what you want and need to know. ;A growing-up guide for the 21st century, **GIRL** covers what everyone is talking about—healthy sexuality, loving relationships, and gender fluidity, as well as thornier subjects such as STIs, consent, and sexual assault. Plus you'll find self-reflection quizzes, cool resources, and must-read real-life stories from girls like you!*

*From the Introduction:*

*The language around sex and sexuality is so important. There are a lot of words, from anatomy to psychology to culturally evolving words. If you don't know the definition of a word, don't let this intimidate you. Many of the chapters start with defining words that are important to that particular topic; if you come across a word that you don't know that isn't defined in the book, just do a quick Internet search for it. The language around sexuality, particularly as it applies to identity, is changing quickly. If there are words about identity that feel outdated, replace them with words that resonate for you.*

## REVIEWS AND PRAISE

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***GIRL** is an inclusive guide for all self-identified girls to gender and identity, dating and romance, and healthy sexuality [by] a nationally recognized educator, trainer, author, and expert in sexuality education. —Teen Vogue*

*Designed to tackle topics that students don't cover in school...the book takes on a wide range of issues, from sexual consent and decision making, to body image and healthy relationships, and porn and masturbation...remarkably candid...[**GIRL**] asks young people whether they will make these decisions under pressure; by following their guts; or with careful consideration. The hope is that "outside the watchful eye of adult supervision," and with access to the right information, teens this summer will make the right calls. —npr.org*

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*This is a raw book that any teen girl will find enlightening. The book is definitely uncensored and offers a fully factual account of so many of the things that these young women will go through in their lives. The book goes through issues regarding relationships, sex, dating, romance and so much more. There are questions that will lead the reader on a self-reflective journey and some great lists and additional resources that many will refer back to again and again...This is a great resource for all teen girls today! —Dad of Divas*

*Rayne offers an empowering, thorough, and inclusive guide to sexuality for "older teenagers who identify as female..." Rayne's book is notable for the breadth and depth of its discussions; readers seeking advice on or knowledge about virtually any aspect of sexuality and identity should find this to be a valuable resource. — Publishers Weekly Starred Review*

## **AWARDS AND ACCOLADES**

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- *Chicago Public Library's 2017 Best of the Best Books List for Teen Nonfiction*

## **AUTHOR STATEMENT (OPTIONAL)**

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*I am always filled with grief when I hear that one of my books, like GIRL or TRANS+, has been banned. These books provide basic, lifesaving information about people's experiences with their bodies and with their hearts. Access to this type of information should be considered a basic human right. Removing it diminishes people's abilities to make their own decisions authentically, and in ways that support health, autonomy, and human connections. — Karen Rayne*

## **\*A NOTE ON AGE RANGES**

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A publisher-suggested age range covers the gamut of readers that publishers envision using the book, whether for independent reading, family sharing, group study, or in other ways. Educators have the best sense of the appropriate age range for the diverse learners they work with and understand these ranges vary depending on a book's intended use.

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