BOOK RESUME:
BEING YOU: A FIRST CONVERSATION ABOUT GENDER

BOOK SYNOPSIS

Developed by experts in the fields of early childhood and activism against injustice, this topic-driven board book offers clear, concrete language and beautiful imagery that young children can grasp and adults can leverage for further discussion.

While young children are avid observers and questioners of their world, adults often shut down or postpone conversations on complicated topics because it’s hard to know where to begin. Research shows that talking about issues like race and gender from the age of two not only helps children understand what they see, but also increases self-awareness, self-esteem, and allows them to recognize and confront things that are unfair, like discrimination and prejudice.

This second book in the series begins the conversation on gender, with a supportive approach that considers both the child and the adult. Stunning art accompanies the simple and interactive text, and the backmatter offers additional resources and ideas for extending this discussion.

REVIEWS AND PRAISE

★ “This primer on gender lays the groundwork for affirming conversations and creates opportunities for self-identification.” – Kirkus Reviews, starred review

“A sunny, straightforward book guiding children through what gender is, how it can fluctuate, and how it’s used throughout social structures. This book is an excellent way to generate conversation!” – School Library Journal

AWARDS AND ACCOLADES

- A Wisconsin Picture This! Reading List selection
- A Kirkus Reviews Best Book of the Year

MEDIA AND RESOURCES

- How parents can navigate first conversations about race and gender with young kids
- First Conversation resources
- Being You: Continue the Conversation resources

 Updated 3.25.2024
Penguin Random House
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*Publisher suggested age range covers the wide range of readers publishers envision using the book, whether for independent reading, family sharing, group study, or in other ways. Educators have the best sense of the appropriate range for their diverse learners they work with and understand these ranges vary depending on a book’s intended use.