



Relish by Lucy Knisley

First Second, MCPG, 2013

ISBN: 9781596436237

BOOK SYNOPSIS

Lucy Knisley loves food. The daughter of a chef and a gourmet, this talented young cartoonist comes by her obsession honestly. In her forthright, thoughtful, and funny memoir, Lucy traces key episodes in her life thus far, framed by what she was eating at the time and lessons learned about food, cooking, and life. Each chapter is bookended with an illustrated recipe—many of them treasured family dishes, and a few of them Lucy's original inventions.

A welcome read for anyone who ever felt more passion for a sandwich than is strictly speaking proper, *Relish* is a graphic novel for our time: it invites the reader to celebrate food as a connection to our bodies and a connection to the earth, rather than an enemy, a compulsion, or a consumer product.

REVIEWS AND PRAISE

"Lovingly illustrated and annotated in her bright, cartoony style." —[NPR](#)

"Between chapters, Knisley offers simple, neatly diagrammed recipes (chocolate chip cookies! pesto! sangria!). Her language, like her drawings, is precise and uncluttered." —[New York Times](#)

"Lucy Knisley's delightful drawings don't just tell great stories, they're a crystal-clear how-to guide to everything worth doing in the kitchen. Step aside, *Joy of Cooking*." —Alison Bechdel, author of *Fun Home*

"Lucy Knisley is bringing comics into the kitchen." —[USA Today](#)

"Knisley's candid storytelling, deadpan humor, and clear-line storytelling make the book entirely accessible. . . . like a giant bowl of spaghetti carbonara or a tower of huevos rancheros (recipes included) this is a book that teenagers and parents will savor in equal measure." —*Publishers Weekly, Starred Review*

"I plan on buying this book for every foodie I know." —[Wired](#)

"Just about everything in this rambling memoir is handled with good cheer, which hints at the positive energy and personal fulfillment Knisley has wrought from her young life in food." —[Booklist](#)

"A grand appreciation for the sheer joy of sharing a meal (and recipe)." —[Bookslut](#)

Updated 5.20.2025

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“You’re going to savor every page of this yummy graphic memoir.” —*Reading Rants*

“Readers who are already food lovers are the obvious audience here, but those even those who aren’t will have plenty to ruminate on through these coming-of-age shorts.” —*BCCB*

AWARDS AND ACCOLADES

- Delaware Blue Hen Book Award
- NPR Best Book of the Year
- ALA Alex Awards Winner (Adult for Young Adults)
- Capitol Choices Noteworthy Titles for Children and Teens
- Apple iBooks Best of the Year
- Publishers Weekly Best Books of the Year
- YALSA Great Graphic Novels for Teens
- YALSA-College Bound /Lifelong Learners
- YALSA Great Graphic Novel for Teens

***A NOTE ON AGE RANGES**

A publisher-suggested age range covers the gamut of readers that publishers envision using the book, whether for independent reading, family sharing, group study, or in other ways. Educators have the best sense of the appropriate age range for the diverse learners they work with and understand these ranges vary depending on a book’s intended use.

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