



Title: How to Be an Antiracist

Author: Ibram X. Kendi

Imprint: One World

Publisher: Random House Publishing Group

On sale date: January 31, 2023

ISBN: 9780525509301

Format: Paperback

BOOK RESUME: HOW TO BE AN ANTIRACIST

BOOK SYNOPSIS

From the National Book Award–winning author of *Stamped from the Beginning* comes a “groundbreaking” (*Time*) approach to understanding and uprooting racism and inequality in our society and in ourselves.

Antiracism is a transformative concept that reorients and reenergizes the conversation about racism—and, even more fundamentally, points us toward liberating new ways of thinking about ourselves and each other. In *How to Be an Antiracist*, Kendi takes readers through a widening circle of antiracist ideas—from the most basic concepts to visionary possibilities—that will help readers see all forms of racism clearly, understand their poisonous consequences, and work to oppose them in our systems and in ourselves.

REVIEWS AND PRAISE

“What emerges from these insights is the most courageous book to date on the problem of race in the Western mind, a confessional of self-examination that may, in fact, be our best chance to free ourselves from our national nightmare.”
—*The New York Times*

“Kendi has gifted us with a book that is not only an essential instruction manual but also a memoir of the author’s own path from anti-black racism to anti-white racism and, finally, to antiracism. . . . How to Be an Antiracist gives us a clear and compelling way to approach, as Kendi puts it in his introduction, ‘the basic struggle we’re all in, the struggle to be fully human and to see that others are fully human.’” —NPR

“A boldly articulated, historically informed explanation of what exactly racist ideas and thinking are . . . [Kendi’s] prose is thoughtful, sincere, and polished. This powerful book will spark many conversations.” —*Publishers Weekly* (starred review)

“Kendi methodically examines racism through numerous lenses: power, biology, ethnicity, body, culture, and so forth. . . . This unsparing honesty helps readers, both white and people of color, navigate this difficult intellectual territory. . . . Essential.” —*Kirkus Reviews* (starred review)

“With *Stamped From the Beginning*, Kendi proved himself a first-rate historian. Here, his willingness to turn the lens on himself marks him as a courageous

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*Publisher suggested age range covers the wide range of readers publishers envision using the book, whether for independent reading, family sharing, group study, or in other ways. Educators have the best sense of the appropriate range for their diverse learners they work with and understand these ranges vary depending on a book’s intended use.

activist, leading the way to a more equitable society.” —*Library Journal* (starred review)

AWARDS AND ACCOLADES

- Runner Up for the 2019 Porchlight Business Book Award for Big Ideas & New Perspectives
- Named One of the Best Books of the Year by: *The New York Times Book Review*, *Time*, NPR, *The Washington Post*, *Library Journal*, *Publishers Weekly*, *Kirkus Reviews*, and more

MEDIA AND RESOURCES

- [First-Year & Common Reading Guide](#)
- [Ibram X. Kendi speaking at the 2020 Annual Conference on The First-Year Experience®](#)

RESPONSE TO CHALLENGES

- [2 students who helped reverse their high school's book ban](#) (2021)
- [Ibram X. Kendi on His New Book and Why Kids Today Need the Kinds of Books Being Banned](#) (2022)
- [Acclaimed Author Ibram X. Kendi to headline Rally for the Right to Read before ALA Conference](#) (2023)

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