



***Spiral* by K.L. Denman**

Orca Book Publishers, 2008

9781551439303, Paperback

\*Age Range: 12+ (Suggested by Publisher)

Grade Range: 12+ (Recommended by *School Library Journal*)

---

## BOOK SYNOPSIS

**When fifteen-year-old Abby is seriously injured, her wounds go far deeper than her broken back.**

Rehabilitation therapy teaches her to cope with her new physical reality but once she's home with her family, she refuses to participate in life and withdraws into a world of drugs.

Abby's family discovers her addiction, and she is sent to a farm that specializes in Equine Assisted Therapy. She must still do battle with her cravings, but when she witnesses the connection between another young patient and a pony, she decides that if this girl can heal, she too can learn to be present in life again.

---

## REVIEWS AND PRAISE

"Highly recommended."—*Tucson Unified School District*

"Strongly recommended for school libraries...The emotional yet believable plot is deftly told with honesty and freshness. The focus on what is possible may cause some students to review their choices and set a new focus."—*Tri State Young Adult Book Review Committee*

"Succeeds with a strong plot and suitably empathetic characters to attract a teen audience...Contains a surprisingly realistic and positive message about dealing with life's challenges."—*Southwestern Ohio Young Adult Materials Review Group*

"Surprisingly touching...captures something about the near-mystical quality of the connection between horses and people."—*CBC Radio One – All Points West*

---

## AWARDS AND ACCOLADES

- CCBC Best Books for Kids & Teens | 2010 | Commended

**Updated 08/21/2024**

Orca Book Publishers

orca@orcabook.com

## **AUTHOR STATEMENT (OPTIONAL)**

---

*Offer the author an opportunity to provide a statement about the potential impact of banning their book or a link to an existing author statement.*

## **\*A NOTE ON AGE RANGES**

---

A publisher-suggested age range covers the gamut of readers that publishers envision using the book, whether for independent reading, family sharing, group study, or in other ways. Educators have the best sense of the appropriate age range for the diverse learners they work with and understand these ranges vary depending on a book's intended use.