



BOOK RESUME: WINTERGIRLS

BOOK SYNOPSIS

The New York Times bestselling story of a friendship frozen between life and death.

Lia and Cassie are best friends, wintergirls frozen in fragile bodies, competitors in a deadly contest to see who can be the thinnest. But then Cassie suffers the ultimate loss—her life—and Lia is left behind, haunted by her friend’s memory and racked with guilt for not being able to help save her. In her most powerfully moving novel since *Speak*, award-winning author Laurie Halse Anderson explores Lia’s struggle, her painful path to recovery, and her desperate attempts to hold on to the most important thing of all: hope.

Title: Wintergirls

Author: Laurie Halse Anderson

Imprint: Viking Books for Young Readers

Publisher: Penguin Young Readers

On sale date: February 23, 2010

ISBN: 9780142415573

Format: Paperback

Age Range*: 14 and up

Grade Range: Gr 8 Up
(Recommended by School Library Journal)

REVIEWS AND PRAISE

★“A brutal and poetic deconstruction of how one girl stealthily vanishes into the depths of anorexia.” —*Booklist*, starred review

★“Lia’s guilt, her need to be thin, and her fight for acceptance unravel in an almost poetic stream of consciousness in this startlingly crisp and pitch-perfect first-person narrative.” —*School Library Journal*, starred review

AWARDS AND ACCOLADES

- A YALSA Best Fiction for Young Adults selection
- An Arizona Grand Canyon Reader Award selection
- A Connecticut Teen Nutmeg Book Award selection
- A Georgia Peach Book Award for Teen Readers selection
- A Illinois Abraham Lincoln High School Award selection
- A Michigan Thumbs Up Award selection
- A Colorado Blye Spruce YA Book Award selection
- A Delaware Blue Hen Teen Book Award selection
- A Iowa High School Book Award selection
- A Kansas State Reading Circle selection
- A The Heartland Awards selection
- A Kentucky Bluegrass Award selection
- A New Hampshire Flume Award selection
- A Garden State Teen Book selection
- 2012 Charlotte Award Master List
- A North Carolina YA Book Award selection

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*Publisher suggested age range covers the wide range of readers publishers envision using the book, whether for independent reading, family sharing, group study, or in other ways. Educators have the best sense of the appropriate range for their diverse learners they work with and understand these ranges vary depending on a book’s intended use.

- A Oregon Reader’s Choice Awards selection
- A Keystone State Reading Association Young Adult Book Award selection
- A A Pennsylvania KSRA Young Adult Book Award selection
- A Rhode Island Teen Book Award selection
- A Tennessee Volunteer State Book Award selection
- A Texas Tayshas High School Reading List selection
- A Vermont Green Mountain Book
- A Washington D.C. Capitol Choices selection

MEDIA AND RESOURCES

- [Laurie Halse Anderson Author Study Educator Guide](#)
- [Wintergirls Discussion Guide](#)
- [Wintergirls Author Q&A](#)
- [Sryacuse News Times: Author Laurie Halse Anderson wants young people to connect with books](#)
- [PEN America, Laurie Halse Anderson: Speaking for the Voiceless](#)

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